

Sidmouth Festival Run

Under UK Athletic Rules - UKA Licence applied for



10k approx. Multi Terrain

Sunday – 8th August, 2010

Start 11am at the Cliff Fields, Peak Hill, Sidmouth

Memento to all finishers

Trophies and Prizes for the first 3 Men and first 3 Ladies

First M40, M50, M60, M70, F35, F45, F55

First Local Man and Local Lady

First man and lady to reach the top of Peak Hill

1st Men's and 1st Ladies' teams of 4 runners each

There will also be a Fun Run – to the top of the Slope from the Start.

Race Headquarters – Connaught Gardens

Parking – Manor Road Car Park Changing Facilities at Sidmouth Sailing Club

**Entry Fees: £8.00 but discounted Fee for EA Comp Licence Holders £6.00
plus £2 extra for all entries on the day!**

Apart from entries on the day the closing date will be Tuesday 3rd August 2010

Please send your entry form, SAE and cheque payable to 'Sidmouth Festival Run'
to – Festival Run, c/o 16. Manstone Avenue, Sidmouth EX10 9TF

First Name..... Surname.....

Address.....

Post Code..... Tel No.....

DOB..... Age on Race Day..... Male/Female.....

Affiliated Club..... EA Competition Licence Number.....

Team Name.....

I declare that I am medically fit to run and understand that I do so at my own risk. The organisers shall not be held responsible for any injury, loss or damage arising as a result of my participation in this event. I will be over 15 years of age on the day of the race.

Signed..... Date.....